



PARENTS' GUIDE TO SCHOOL ENTRANCE HEALTH REQUIREMENTS

Children Start School For the First Time Need:

*A Health Exam

*Immunizations (Shots)

*An Oral Health Assessment

STATE LAW REQUIRES EACH CHILD TO HAVE A HEALTH EXAM

(Your child's school will request proof of examination before your child enters Kindergarten or first grade. The school district will determine when the examination form is due.)

THE HEALTH EXAM SHOULD INCLUDE:

- a complete physical, nutrition, and growth check
- TB test (if indicated)
- a vision and hearing test
- immunizations
- other tests as needed

Why? Because a health examination is required by law. The health examination can uncover hidden health problems that can keep your child from doing their best in school. Immunizations protect your child against diseases. A TB skin test screens your child for tuberculosis. By law, the school district may exclude children from school who do not have a health examination record on file with the school within the time determined by the district.

When? You child may have the health exam as early as six months before starting kindergarten and up to 3 months after starting first grade. Some school districts may require it upon registration.

Where? Your child may have the health exam from:

- ⇒ Your family doctor
- ⇒ Your child's pediatrician
- ⇒ Your Health Plan
- ⇒ Military base
- ⇒ CHDP Providers
- ⇒ Community Clinics (see below)

NO COST HEALTH EXAMS

If your family is low income and needs health insurance, your child may be eligible to get the exam at no cost to you. If your child is eligible, the CHDP Gateway program will link your child with temporary Medi-Cal. Call the Child Health & Disability Prevention Program (CHDP) at (925) 313-6150 for eligibility information or assistance finding a doctor.

Community Clinics in Contra Costa Include:

La Clinica Pittsburg
2240 Gladstone Drive #4
Pittsburg (925) 431-1230

La Clinica Monument
2100 Monument Blvd. #8
Pleasant Hill (925) 363-2000

Brookside Community Health Center
2023 Vale Road Suite 107
San Pablo (510) 215-9092

Brookside Clinic
1030 Nevin Ave,
Richmond (510) 215-5001



CCRMC Appointment Line for the following Health Centers: 1-800-495-8885

Antioch Health Center
3505 Lone Tree Way #1 Antioch

Bay Point Health Center
215 Pacifica Ave. Bay Point

Concord Health Center
3052 Willow Pass Rd. Concord

Brentwood Health Center
171 Sand Creek Rd. Ste. A
Brentwood

Martinez Health Center
2500 Alhambra Ave. Martinez

N. Richmond Center for Health
1501 3rd St. Richmond

Pittsburg Health Center
2311 Loveridge Rd. Pittsburg

Richmond Health Center
13601 San Pablo Ave.
San Pablo