



# Pinole Valley High Student Health Center

*Home of Spartan Pride*

## Who We Are

Pinole Valley High Student Health Center provides high quality and youth-friendly health and wellness services to all students, without regard to race, sex, color, age national origin, disability, religious beliefs or sexual orientations. We support a school climate that nurtures positive behavior and promotes health and safety.

## Services

**Mental Health Services:** Include crisis intervention, grief counseling, stress management, counseling for family and relationship issues, violence in the community, eating disorders, alcohol and drug abuse, and anger management in individual and group counseling.

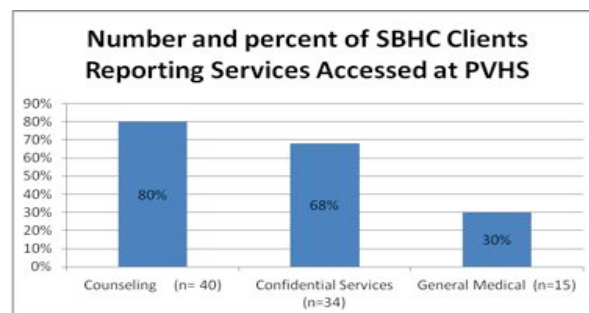
**Medical services:** The provision of physical and sports exams, first aid, family planning, screening and treatment of sexually transmitted infections (STI's), immunizations, and referrals to outside physicians and hospitals.

**Health education and enrichment** is provided on topics like pregnancy prevention, HIV/STI prevention, human sexuality, intimate partner violence and substance abuse prevention, Tobacco Use Prevention Education, field trips and Lunch n' Learn activities.

**Youth Advisory Board:** The Health Center Youth Advisory Board help to envision and develop various ways of promoting health resources to the school and outside community as well as provide valuable information about the opinions, needs, wants and attitudes around Health Center services.



**PVHS Health Center Youth Advisory Board  
Anti-Bullying Classroom Presentations 2011**



Phillip R. Lee Institute for Health Policy Studies, UCSF July 6, 2011

## Student Data 2010-2011

- 80% of the student received Mental Health Services.
- 68% of the students received confidential services
- 30% of the students received general medical services.

## Highlights

During the month of October the Youth Advisory Board provided classroom presentations on Anti-Bullying.

Jim Rockwell a renowned speaker educated 340 Senior students on the dangers of drinking and driving.

# Health Center Partners and Supporters

**YMCA of the East Bay**

**Familias Unidas**

**California School Health  
Centers Association**

**Contra Costa Crisis**

**Contra Costa County Injury  
Prevention Program**

**Contra Costa Police Athletics  
Association**

**Community Violence  
Solutions**

**Kaiser Community Benefit  
Program**

**Planned Parenthood**

**STAND! For Families Free of  
Violence**

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## **PINOLE VALLEY HIGH HEALTH CENTER BACKGROUND**

The Pinole Valley High Student Health Center, established in June 2007 as a collaborative effort between the West Contra Costa Unified School District and the YMCA of the East Bay, a non-profit organization whose mission is to serve the community as a resource for healthy living, youth development and social responsibility.



In preparation for World AIDS Day, the junior and senior class had the opportunity to view educational theatrical play **SECRETS**, presented by Kaiser Educational Theatre Program.

In support of World AIDS Day, the PVHS Youth Advisory Board with support of our collaborating partner, Planned Parenthood provided GYT-Get Yourself Tested outreach, support and clinical

