

Hercules High Student Health Center

"Our mission is to provide quality coordinated health services which demonstrates student wellness and academic success."

Who We Are

Hercules High Student Health Center provides quality health promotion, health education and mental health counseling that supports a school climate which nurtures positive behavior, assures health and safety, and promotes wellness for all students.

SERVICES

Mental health services include crisis intervention, treatment of depression, stress management and counseling for family and relationship issues.

Health education is provided on topics like pregnancy prevention, HIV/STI prevention, human sexuality, intimate partner violence and substance abuse prevention. We also provide students with a peer tobacco health education program.

Enrichment activities consist of guest speakers on various topics, field trips and other health or academic related activities.

Parent Workshops are provided bi-monthly starting in September, in collaboration with the Hercules Community Partnership (PTA). Topics range from adolescent sexuality and suicide prevention to cyber-safety and bullying. All workshops are free to the school community.

Health Center Youth Advisory Board provides support and outreach for the health center by organizing and advocating for School-Based Health through student-led events and programs.



Health Center Youth Advisory Board

Student Data

- 58% of the students were provided Health Education.
- 33% of the students participated in enrichment activities.
- 6% received Mental Health services.
- 3% of the parents attended workshop.

Special Acknowledgement to the following Health Center Partners and Supporters

HERCULES HEALTH CENTER BACKGROUND

The Hercules High Student Health Center was established in June 2007 as a collaboration effort between the West Contra Costa Unified School District and Bay Area Community Resources, a non-profit agency whose mission is to support the healthy development of individuals and families in the community.

WHO WE SERVE

Hercules High Student Health Center serves all students and supports parents.



Visit from the actors of Equinox

Wish List

1. Mental Health Services for Non-MediCal Students
2. Staffing support to offer medical services and expand programming as well as youth leadership.
3. Computers to support student health, academic, career and college preparation.
4. Expand the parent component.

The health center helped me get motivated towards applying for college”.

-Hercules High Student

“The center provided the assistance I needed towards being a better person”.

-Hercules High Student

YMCA of the East Bay

Familias Unidas

California School Health Centers Association

Contra Costa Crisis

Contra Costa County Board of Education

Contra Costa County Injury Prevention Program

Contra Costa Police Athletics Association

Community Violence Solutions

STAND! For Families Free of Violence

Kaiser Permanente Community Benefit Program

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