



Jonathan Julian, AMFT
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Hello Vista! I am so stoked to be joining your community. Please allow me to tell you a little about myself. I'm Jonathan (pronouns he/him or they/them). I am an artist, educator and therapist. I believe deeply in healing, and my practice as a therapist is one way I use my own healing journey to inform and create space for others to explore theirs. I am especially passionate about working with high school students navigating the myriad challenges they face in the systems and structures of education, family, identity, relationships, employment, and many other social institutions.

I received my MA in Counseling Psychology with a concentration in Expressive Arts Therapy from the California Institute of Integral Studies. I am currently an Associate Marriage and Family Therapist. I am also involved in ongoing training in restorative trauma-informed practices, anti-oppression, conflict resolution and transformative justice practices.

Before coming to vista I worked as a school-based therapist at Skyline High School in Oakland, Queer LifeSpace in San Francisco, and Riverside Elementary School in San Pablo. I ground my work firmly in some traditional therapeutic modalities, but prefer to utilize more current, relevant, social justice oriented practices for school-based work including trauma-informed practices, intersectionality, relational-cultural therapy, narrative therapy, queer theory, somatic mindfulness, harm reduction, liberation psychology and restorative justice practices. Please ask me more about any of these if you are curious!

In my daily life I am also a visual artist and singer, avid yogi, active member of the LGBTQ+ community, trainer and illustrator with Gender Justice in Early Childhood, and enjoy cooking, dancing and spending time outdoors. I look forward to getting to know each of you more, partnering with you to support the health and well-being of us all, and being a part of the Vista community!