



# West Contra Costa Unified School District 2020-2021 Sample Schedule

## MIDDLE / HIGH SCHOOL SAMPLE SCHEDULE 3x3 BLOCKS

### Option A (These are sample schedules, please check with your school to verify schedule)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:15-10:00	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation (8:15 - 9:00)
					Family Outreach (9:00 - 10:00)
10:00 - 10:55	Block 1	Block 4	Block 1	Block 4	Homeroom / Advisory (10:00-10:25)
11:00 - 11:55	Block 2	Block 5	Block 2	Block 5	Prep (10:25 - 11:00)
12:00 - 12:25	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Race, Equity and Inclusion Professional Learning and Outreach (11:00 - 12:30 PM) Site / District
12:25 - 1:05	LUNCH	LUNCH	LUNCH	LUNCH	Lunch (12:30 - 1:30)
1:05 - 2:00	Block 3	Block 6	Block 3	Block 6	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
2:05-3:00	Office Hours	Office Hours	Office Hours	Office Hours	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
3:00-5:00	clubs/after school	clubs/after school	clubs/after school	clubs/after school	clubs/after school

### Option B (These are sample schedules, please check with your school to verify schedule)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:15-10:00	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation (8:15 -
					Homeroom / Advisory (9:00 - 9:25)
10:00 - 10:25	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Family Outreach (9:25 - 10:25)
10:30 - 11:25	Block 1	Block 4	Block 1	Block 4	PREP (10:25 - 11:00)
11:30 - 12:25	Block 2	Block 5	Block 2	Block 5	Race, Equity and Inclusion Professional Learning and Outreach (11:00 - 12:30 PM) Site / District
12:25 - 1:05	LUNCH	LUNCH	LUNCH	LUNCH	Lunch (12:30 - 1:30)
1:05 - 2:00	Block 3	Block 6	Block 3	Block 6	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
2:05-3:00	Office Hours	Office Hours	Office Hours	Office Hours	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
3:00-5:00	clubs/after school	clubs/after school	clubs/after school	clubs/after school	clubs/after school

<sup>1</sup> In each 3x3 schedule, teachers will teach only 5 of the 6 blocks. The 6th block will give them additional preparation time two days a week.



# West Contra Costa Unified School District 2020-2021 Sample Schedule

## MIDDLE / HIGH SCHOOL SAMPLE SCHEDULE 3x3 BLOCKS CONTINUED

Option C (These are sample schedules, please check with your school to verify)					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:15-10:00	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation (8:15 - 9:35)
					Homeroom / Advisory (9:35-10:00)
10:00 - 10:25	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Family Outreach (10:00 - 11:00)
10:30 - 11:25	Block 1	Block 4	Block 1	Block 4	
11:30 - 12:25	Block 2	Block 5	Block 2	Block 5	Race, Equity and Inclusion Professional Learning and Outreach (11:00 - 12:30 PM) Site / District
12:25 - 1:05	LUNCH	LUNCH	LUNCH	LUNCH	Lunch (12:30 - 1:30)
1:05 - 2:00	Office Hours	Office Hours	Office Hours	Office Hours	
2:05 -3:00	Block 3	Block 6	Block 3	Block 6	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
3:00-5:00	clubs/after school	clubs/after school	clubs/after school	clubs/after school	clubs/after school

<sup>1</sup> In each 3x3 schedule, teachers will teach only 5 of the 6 blocks. The 6th block will give them additional preparation time two days a week.



# West Contra Costa Unified School District 2020-2021 Sample Schedule

## MIDDLE / HIGH SCHOOL SAMPLE SCHEDULE 4x4 BLOCKS

### Option A (These are sample schedules, please check with your school to verify)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:15-9:05	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation
9:05-10:00	Office Hours	Office Hours	Office Hours	Office Hours	Family Outreach (9:00 - 10:00)
10:00 -10:55	Block 1	Block 5 (or 1)	Block 1	Block 5 (or 1)	Homeroom / Advisory (10:00-10:25)
11:00- 11:55	Block 2	Block 6 (or 2)	Block 2	Block 6 (or 2)	Teacher Preparation
12:00 - 12:25	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Race, Equity and Inclusion Professional Learning and Outreach (11:00 - 12:30 PM) Site / District
12:25- 1:05	LUNCH	LUNCH	LUNCH	LUNCH	Lunch (12:30 - 1:30)
1:05 - 2:00	Block 3	Block 7 (or 3)	Block 3	Block 7 (or 3)	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
2:05-3:00	Block 4	Block 8 (or 4)	Block 4	Block 8 (or 4)	
3:00-5:00	clubs/after school	clubs/after school	clubs/after school	clubs/after school	clubs/after school

### Option B (These are sample schedules, please check with your school to verify)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:15-9:05	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation
9:05-10:00	Office Hours	Office Hours	Office Hours	Office Hours	Family Outreach (9:00 - 10:00)
10:00 -10:25	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory (10:00-10:25)
10:30- 11:25	Block 1	Block 5 (or 1)	Block 1	Block 5 (or 1)	Teacher Preparation
11:30 - 12:25	Block 2	Block 6 (or 2)	Block 2	Block 6 (or 2)	Race, Equity and Inclusion Professional Learning and Outreach (11:00 - 12:30 PM) Site / District
12:25- 1:05	LUNCH	LUNCH	LUNCH	LUNCH	Lunch (12:30 - 1:30)
1:05 - 2:00	Block 3	Block 7 (or 3)	Block 3	Block 7 (or 3)	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
2:05 - 3:00	Block 4	Block 8 (or 4)	Block 4	Block 8 (or 4)	
3:00-5:00	clubs/after school	clubs/after school	clubs/after school	clubs/after school	clubs/after school

<sup>2</sup> In each 4x4 schedule, teachers will teach only 3 blocks per day. The fourth block will be their additional preparation time.



# West Contra Costa Unified School District 2020-2021 Sample Schedule

<b>MIDDLE / HIGH SCHOOL SAMPLE SCHEDULE 4x4 BLOCKS CONTINUED</b>					
<b>Option C (These are sample schedules, please check with your school to verify)</b>					
	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
8:15-9:05	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation
9:05-10:00	Office Hours	Office Hours	Office Hours	Office Hours	
10:00 -10:25	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Family Outreach (10:00 - 11:00)
10:30- 11:25	Block 1	Block 5 (or 1)	Block 1	Block 5 (or 1)	Race, Equity and Inclusion Professional Learning and Outreach (11:00 - 12:30 PM) Site / District
11:30 - 12:25	Block 2	Block 6 (or 2)	Block 2	Block 6 (or 2)	
12:25- 1:05	LUNCH	LUNCH	LUNCH	LUNCH	Lunch (12:30 - 1:30)
1:05 - 2:00	Block 3	Block 7 (or 3)	Block 3	Block 7 (or 3)	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
2:05-3:00	Block 4	Block 8 (or 4)	Block 4	Block 8 (or 4)	
3:00-5:00	clubs/after school	clubs/after school	clubs/after school	clubs/after school	clubs/after school

<sup>2</sup> In each 4x4 schedule, teachers will teach only 3 blocks per day. The fourth block will be their additional preparation time.