



West Contra Costa Unified School District

2020-2021

Sample Schedule

ELEMENTARY SCHEDULES

Option A (These are sample schedules, please check with your school to verify schedule)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:20-10:00	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation (8:20 - 9:00)
					Family Outreach (9:00 - 10:00)
10:00 -10:25	Homeroom /advisory	Homeroom /advisory	Homeroom /advisory	Homeroom /advisory	Homeroom /advisory
Block 1 10:30-11:15	Teaching/Learning	Teaching/Learning	Teaching/Learning	Teaching/Learning	Prep (10:25 - 11:00)
Block 2 11:20 -12:05	Teaching/Learning	Teaching/Learning	Teaching/Learning	Teaching/Learning	Race, Equity and Inclusion Professional Learning and Outreach (11:00 - 12:30 PM) Site / District
Lunch 12:05 -12:45	Lunch	Lunch	Lunch	Lunch	
ELD Block 12:45 - 1:15	ELD / WIN	ELD / WIN	ELD / WIN	ELD / WIN	
Block 3 1:20-2:05	Teaching/Learning	Teaching/Learning	Teaching/Learning	Teaching/Learning	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
2:05-3:00	Office Hours	Office Hours	Office Hours	Office Hours	

Option B (These are ample schedules, please check with your school to verify schedule)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:20-10:00	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teachre Preparation (8:20 - 9:00)
					HR/Adv (9:00 - 9:25)
					Family Outreach (9:25 - 10:25)
Block 1 10:00-10:45	Teaching/Learning	Teaching/Learning	Teaching/Learning	Teaching/Learning	Prep (10:25 - 11:00)
Block 2 10:50 -11:35	Teaching/Learning	Teaching/Learning	Teaching/Learning	Teaching/Learning	Race, Equity and Inclusion Professional Learning and Outreach (11:00 - 12:30 PM) Site / District
11:40 -12:05	Homeroom /advisory	Homeroom /advisory	Homeroom /advisory	Homeroom /advisory	
12:05 - 12:45	Lunch	Lunch	Lunch	Lunch	
ELD Block 12:45 - 1:15	ELD / WIN	ELD / WIN	ELD / WIN	ELD / WIN	Lunch (12:30 - 1:30)
Block 3 1:20 -2:05	Teaching/Learning	Teaching/Learning	Teaching/Learning	Teaching/Learning	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
2:05-3:00	Office Hours	Office Hours	Office Hours	Office Hours	



West Contra Costa Unified School District 2020-2021 Sample Schedule

TEACHER - ELEMENTARY SCHEDULES

Sample Option C (These are ample schedules, please check with your school to verify schedule)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:20-10:00	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparatoin (8:20 - 9:35) Homeroom /advisory (9:35-10:00)
Block 1 10:00-10:45	Teaching/Learning	Teaching/Learning	Teaching/Learning	Teaching/Learning	Family Outreach (10:00 - 11:00)
Block 2 10:50 -11:35	Teaching/Learning	Teaching/Learning	Teaching/Learning	Teaching/Learning	Race, Equity and Inclusion Professional Learning and Outreach (11:00 - 12:30 PM) Site / District
11:35-12:15	Lunch	Lunch	Lunch	Lunch	
12:15 - 12:40	Homeroom /advisory	Homeroom /advisory	Homeroom /advisory	Homeroom /advisory	Lunch (12:30 - 1:30)
Block 3 12:45 - 1:30	Teaching/Learning	Teaching/Learning	Teaching/Learning	Teaching/Learning	
ELD Block 1:35 - 2:05	ELD / WIN	ELD / WIN	ELD / WIN	ELD / WIN	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
2:05-3:00	Office Hours	Office Hours	Office Hours	Office Hours	



West Contra Costa Unified School District 2020-2021 Sample Schedule

MIDDLE / HIGH SCHOOL SAMPLE SCHEDULE 3x3 BLOCKS

Option A (These are sample schedules, please check with your school to verify schedule)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:15-10:00	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation (8:15 - 9:00)
					Family Outreach (9:00 - 10:00)
10:00 - 10:55	Block 1	Block 4	Block 1	Block 4	Homeroom / Advisory (10:00-10:25)
11:00 - 11:55	Block 2	Block 5	Block 2	Block 5	Prep (10:25 - 11:00)
12:00 - 12:25	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Race, Equity and Inclusion Professional Learning and Outreach (11:00 - 12:30 PM) Site / District
12:25 - 1:05	LUNCH	LUNCH	LUNCH	LUNCH	Lunch (12:30 - 1:30)
1:05 - 2:00	Block 3	Block 6	Block 3	Block 6	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
2:05-3:00	Office Hours	Office Hours	Office Hours	Office Hours	
3:00-5:00	clubs/after school	clubs/after school	clubs/after school	clubs/after school	clubs/after school

Option B (These are sample schedules, please check with your school to verify schedule)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:15-10:00	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation (8:15 - 9:00)
					Homeroom / Advisory (9:00 - 9:25)
10:00 - 10:25	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Family Outreach (9:25 - 10:25)
10:30 - 11:25	Block 1	Block 4	Block 1	Block 4	PREP (10:25 - 11:00)
11:30 - 12:25	Block 2	Block 5	Block 2	Block 5	Race, Equity and Inclusion Professional Learning and Outreach (11:00 - 12:30 PM) Site / District
12:25 - 1:05	LUNCH	LUNCH	LUNCH	LUNCH	Lunch (12:30 - 1:30)
1:05 - 2:00	Block 3	Block 6	Block 3	Block 6	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
2:05-3:00	Office Hours	Office Hours	Office Hours	Office Hours	
3:00-5:00	clubs/after school	clubs/after school	clubs/after school	clubs/after school	clubs/after school

¹ In each 3x3 schedule, teachers will teach only 5 of the 6 blocks. The 6th block will give them additional preparation time two days a week.



West Contra Costa Unified School District 2020-2021 Sample Schedule

MIDDLE / HIGH SCHOOL SAMPLE SCHEDULE 3x3 BLOCKS CONTINUED

Option C (These are sample schedules, please check with your school to verify)					
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:15-10:00	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation (8:15 - 9:35)
					Homeroom / Advisory (9:35-10:00)
10:00 - 10:25	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Family Outreach (10:00 - 11:00)
10:30 - 11:25	Block 1	Block 4	Block 1	Block 4	
11:30 - 12:25	Block 2	Block 5	Block 2	Block 5	Race, Equity and Inclusion Professional Learning and Outreach (11:00 - 12:30 PM) Site / District
12:25 - 1:05	LUNCH	LUNCH	LUNCH	LUNCH	Lunch (12:30 - 1:30)
1:05 - 2:00	Office Hours	Office Hours	Office Hours	Office Hours	
2:05 -3:00	Block 3	Block 6	Block 3	Block 6	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
3:00-5:00	clubs/after school	clubs/after school	clubs/after school	clubs/after school	clubs/after school

¹ In each 3x3 schedule, teachers will teach only 5 of the 6 blocks. The 6th block will give them additional preparation time two days a week.



West Contra Costa Unified School District 2020-2021 Sample Schedule

MIDDLE / HIGH SCHOOL SAMPLE SCHEDULE 4x4 BLOCKS

Option A (These are sample schedules, please check with your school to verify)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:15-9:05	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation
9:05-10:00	Office Hours	Office Hours	Office Hours	Office Hours	Family Outreach (9:00 - 10:00)
10:00 -10:55	Block 1	Block 5 (or 1)	Block 1	Block 5 (or 1)	Homeroom / Advisory (10:00-10:25)
11:00- 11:55	Block 2	Block 6 (or 2)	Block 2	Block 6 (or 2)	Teacher Preparation
12:00 - 12:25	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Race, Equity and Inclusion Professional Learning and Outreach (11:00 - 12:30 PM) Site / District
12:25- 1:05	LUNCH	LUNCH	LUNCH	LUNCH	Lunch (12:30 - 1:30)
1:05 - 2:00	Block 3	Block 7 (or 3)	Block 3	Block 7 (or 3)	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
2:05-3:00	Block 4	Block 8 (or 4)	Block 4	Block 8 (or 4)	
3:00-5:00	clubs/after school	clubs/after school	clubs/after school	clubs/after school	clubs/after school

Option B (These are sample schedules, please check with your school to verify)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:15-9:05	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation
9:05-10:00	Office Hours	Office Hours	Office Hours	Office Hours	Family Outreach (9:00 - 10:00)
10:00 -10:25	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory (10:00-10:25)
10:30- 11:25	Block 1	Block 5 (or 1)	Block 1	Block 5 (or 1)	Teacher Preparation
11:30 - 12:25	Block 2	Block 6 (or 2)	Block 2	Block 6 (or 2)	Race, Equity and Inclusion Professional Learning and Outreach (11:00 - 12:30 PM) Site / District
12:25- 1:05	LUNCH	LUNCH	LUNCH	LUNCH	Lunch (12:30 - 1:30)
1:05 - 2:00	Block 3	Block 7 (or 3)	Block 3	Block 7 (or 3)	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
2:05 - 3:00	Block 4	Block 8 (or 4)	Block 4	Block 8 (or 4)	
3:00-5:00	clubs/after school	clubs/after school	clubs/after school	clubs/after school	clubs/after school

² In each 4x4 schedule, teachers will teach only 3 blocks per day. The fourth block will be their additional preparation time.



West Contra Costa Unified School District 2020-2021 Sample Schedule

MIDDLE / HIGH SCHOOL SAMPLE SCHEDULE 4x4 BLOCKS CONTINUED					
Option C (These are sample schedules, please check with your school to verify)					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:15-9:05	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation	Teacher Preparation
9:05-10:00	Office Hours	Office Hours	Office Hours	Office Hours	
10:00 -10:25	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Homeroom / Advisory	Family Outreach (10:00 - 11:00)
10:30- 11:25	Block 1	Block 5 (or 1)	Block 1	Block 5 (or 1)	Race, Equity and Inclusion Professional Learning and Outreach (11:00 - 12:30 PM) Site / District
11:30 - 12:25	Block 2	Block 6 (or 2)	Block 2	Block 6 (or 2)	
12:25- 1:05	LUNCH	LUNCH	LUNCH	LUNCH	Lunch (12:30 - 1:30)
1:05 - 2:00	Block 3	Block 7 (or 3)	Block 3	Block 7 (or 3)	Staff Development (Tech Tools, Job Alike, Content) (1:30-3:00 PM) Site / District
2:05-3:00	Block 4	Block 8 (or 4)	Block 4	Block 8 (or 4)	
3:00-5:00	clubs/after school	clubs/after school	clubs/after school	clubs/after school	clubs/after school

² In each 4x4 schedule, teachers will teach only 3 blocks per day. The fourth block will be their additional preparation time.