Student Health Center

Our Mission is to provide quality coordinated health services that demonstrate student wellness and academic success.

Hercules High Student Health Center was established in June 2007 as a collaboration effort between the West Contra Costa Unified and Bay Area Community Resources, a non-profit agency whose mission is to support the healthy development of individuals and families in the community. It provides health promotion, health education, and wellness counseling to support a school climate, which nurtures positive behavior, assures health and safely, and promotes wellness for students.

“The Health Center is my safe zone to be who I wanna be.”
-Hercules High Student

Services Provided

Mental Health Services include crisis intervention, treatment of depression, stress management, group counseling, and counseling for family and relationship issues.

Health Education is provided on topics like pregnancy prevention, HIV/STI prevention, human sexuality, intimate partner violence and substance abuse prevention. We also provide students with a peer tobacco health education program.

Youth Development activities consist of anti-bullying peer education, Youth Advisory Board, Youth Health Workers, mentoring, and tobacco use prevention peer education.

SBHC Visits Provided (n=1,344)

- Individual Mental Health Counseling 60%
- Medical Services 39%
- Group Mental Health Counseling 1%

Medical Services: Contra Costa Health Services

Medical: On-site through a mobile health van

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<tr>
<td>Total Number of Youth Served</td>
<td>174</td>
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<tr>
<td>Total Number of Visits</td>
<td>529</td>
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<tr>
<td>Total Number of Visits Per Student</td>
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Hercules High School Health Center

Student Impact

SBHC Youth Services & Events Provided to Students on Campus

- Social Skills/Communication/Anger Management/Conflict Resolution
- Youth Advisory Board/Leadership/Advocacy Group
- Self Esteem/Image/Empowerment

Hercules High School Health Center’s Youth Health Workers.

Special Acknowledgement for our Partners & Supporters

Community Partners
Bay Area Community Resources
YMCA of the East Bay (The Y-Team)
Familias Unidas
Gender Spectrum
Rainbow Community Center
Contra Costa County Health Services
Contra Costa Kops for Kids
Community Violence Solutions
Stand! For Families Free of Violence
Kaiser Permanente Community Benefit Program
California School-Based Health Alliance

Contact Information
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