



# Hercules High School Student Health Center

## ▶ Student Health Center

**Our Mission is to provide quality coordinated health services that demonstrate student wellness and academic success.**

Hercules High Student Health Center was established in June 2007 as a collaboration effort between the West Contra Costa Unified and Bay Area Community Resources, a non-profit agency whose mission is to support the healthy development of individuals and families in the community. It provides health promotion, health education, and wellness counseling to support a school climate, which nurtures positive behavior, assures health and safety, and promotes wellness for students.



**"The Health Center is my safe zone to be who I wanna be."  
-Hercules High Student**

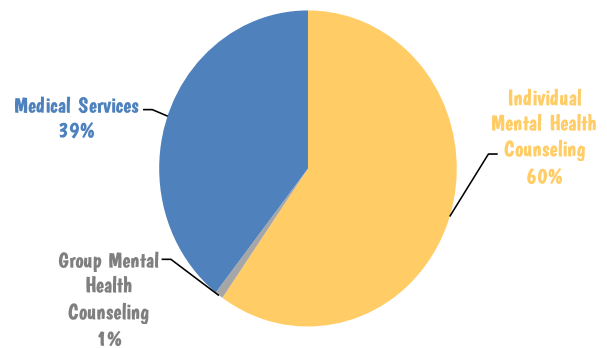
## ▶ Services Provided

**Mental Health Services** include crisis intervention, treatment of depression, stress management, group counseling, and counseling for family and relationship issues.

**Health Education** is provided on topics like pregnancy prevention, HIV/STI prevention, human sexuality, intimate partner violence and substance abuse prevention. We also provide students with a peer tobacco health education program.

**Youth Development** activities consist of anti-bullying peer education, Youth Advisory Board, Youth Health Workers, mentoring, and tobacco use prevention peer education.

### SBHC Visits Provided (n= 1,344)



## ▶ Medical Services: Contra Costa Health Services

**Medical: On-site through a mobile health van**

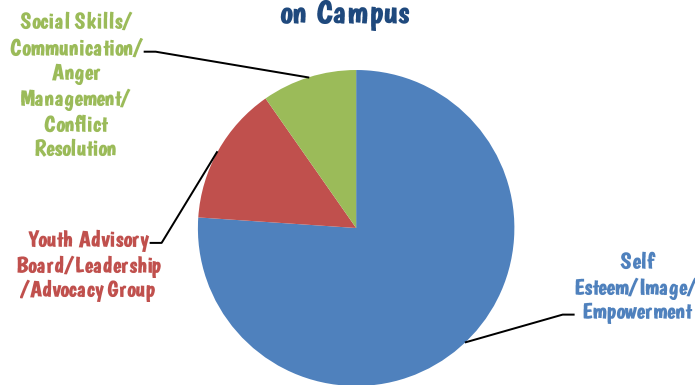
Total Number of Youth Served	174
Total Number of Visits	529
Total Number of Visits Per Student	3.0



# Hercules High School Health Center

## ▶ Student Impact

### SBHC Youth Services & Events Provided to Students on Campus



**Hercules High School Health Center's Youth Health Workers.**

## ▶ Special Acknowledgement for our Partners & Supporters

### Community Partners

- Bay Area Community Resources
- YMCA of the East Bay (The Y-Team)
- Familias Unidas
- Gender Spectrum
- Rainbow Community Center
- Contra Costa County Health Services
- Contra Costa Kops for Kids
- Community Violence Solutions
- Stand! For Families Free of Violence
- Kaiser Permanente Community Benefit Program
- California School-Based Health Alliance



## ▶ Contact Information

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