Health Center: Who We Are

Our Mission is to develop a coordinated system of support services to foster student wellness and academic achievement.

The De Anza High School Health Center was established in June 2007 as a collaborative effort between the West Contra Costa Unified School District and Bay Area Community Resources (BACR). BACR is a non-profit agency whose mission is to support the healthy development of individuals and families in the community.

“Health Center is an extremely valuable resource to students at our school. Many of our students are able to access resources through the center that they would have limited access to otherwise, and it is clear that the center is focused on taking care of the entire student versus specific aspects of their lives.” - De Anza staff member

Services Provided

**Mental Health Services** include individual and group counseling for anger management, grief/loss, LGBTQ support, self-esteem, depression, substance use/abuse and crisis intervention.

**Medical Services** include physicals and sport exams, immunizations, reproductive health services including screening and treatment of sexually transmitted infections (STIs), pregnancy testing, and contraceptives.

**Dental Services** include cleanings, exams, fillings, fluoride varnish and sealants.

**Health Education** include comprehensive sex education, pregnancy and HIV/STI prevention, and peer drug education. Additionally, health educators are on site 4 days a week.

**Violence Prevention Services** provide peer-led classroom workshops on bullying aimed at fostering school climate. Anger management classes, conduct conflict mediation and support services are also offered for students who have been victims or have witnessed abuse.

Medical Services: Contra Costa Health Services

<table>
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<th>Medical: On-site through a fully operational clinic</th>
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<tr>
<td>Total Number of Youth Served</td>
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<tr>
<td>Total Number of Visits</td>
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<tr>
<td>Total Number of Visits Per Student</td>
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De Anza High School
Health Center

Student Impact

SBHC Youth Services & Events Provided to Students on Campus

- Peer health education groups/peer counseling/mentoring
- Healthy Snack Distribution
- Academic Support

De Anza Health Center’s TUPE Members

Special Acknowledgement for our Partners & Supporters

Community Partners
Bay Area Community Resources
Contra Costa County Health Services
Stand! For Families Free of Violence
Familias Unidas
Community Violence Solutions
Contra Costa County Food Bank
California Safe and Supportive Schools
Cal State Easy Bay Social Welfare Program
UC Berkeley Social Welfare Program
UC Berkeley Public Service Center
San Francisco State University
Kaiser Permanente
YMCA of the East Bay (The Y-Team)

Contact Information

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Bay Area Community Resources
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