# What is the Summer Food Service Program?

Children need good food all year long, even when they're not in school. The Summer Food Service Program provides healthy meals to children, age 18 and younger, free of charge.

The Summer Food Service Program:

- Feeds low-income children in the summer
- Gives a boost to public and private non-profit summer programs
- Helps give low-income children the best start on the new school year

With summer meals, children get the nutrition they need to learn, play and grow, during vacation when they do not eat at school.

Sponsors receive funds that support programs serving lowincome children when there is no school.

## Where do children go for summer meals?

Many SFSP sites provide not just meals, but educational, enrichment, and recreational activities that help children continue

to learn and stay safe when school is not in sessions.

Summer meals act as an extra "magnet" to draw children to activities-and activities draw children to meals—at places like:

Schools Head Start centers Camps **Hospitals** 21<sup>st</sup> Century Learning Boys and Girls Clubs Kids Cafes Centers Park and Recreation centers National Youth Sports Vacation Bible schools Programs at colleges and universities Libraries Community pools **Upward Bound** programs 4H Clubs Congregations Community action agencies Food banks YMCA's

Homeless shelters

#### How do organizations participate?

Even if you think your staff, time, and resources are stretched too thin, your organization can still participate in the Summer Food Service Program

Some organizations may not be able to sponsor the Program, but they can supervise meals, recreation, and enrichment activities for children at a site.

Signing up as a food service site means nutritious, prepared meals will be delivered to your location with less paperwork for you.

## What will your organization do as a food service site?

As a sponsored site, you will have an arrangement with another organization that is approved to administer the program.

The sponsor will have staff and management experience to help you learn how to run your food service site successfully.

Your sponsor will determine if your site is eligible, train your staff, arrange for meals to be prepared or delivered, monitor your site, and prepare claims for reimbursement.

If you operate a summer food service site, you will:

- attend your sponsor's training
- supervise activities and meal services at your site
- distribute meals by following SFSP guidelines
- keep daily records of meals serve
- store food appropriately
- keep the site clean and sanitary
- follow SFSP guidelines













#### What kinds of meals will your site serve?

The Summer Food Service Program serves meals with milk, protein, fruits, vegetables and grains. Meals have all the good nutrition that children need to grow up strong and healthy.

All meals and snacks meet USDA's nutrition standards.

Children might get breakfast, lunch, supper, or snack, depending on what your site serves.

Most food service sites can provide up to two meals—either breakfast and lunch, or breakfast and supper – or one meal and a snack.

#### **SAMPLE MENUS:**

Breakfast	Lunch or Supper	Snack
Milk Raisin toast String Cheese Apple slices	Milk Chicken Caesar Salad Garden Salsa Chips Pineapple chunks	Blueberry muffin Milk
Milk Cereal Orange wedges String cheese	Milk Turkey & cheese sandwi Lettuce & tomatoes Fresh Peaches	Yogurt Banana

### You should contact WCCUSD

Please contact us. We will answer your questions and help you get started.

### WEST CONTRA COSTA UNIFIED SCHOOL DISTRICT

FOOD SERVICES DEPARTMENT 750 BISSELL AVENUE RICHMOND, CA 94801 (510) 307-4580 FAX: (510) 233-1805

Summer Food Services Coordinator Joy Guinto jguinto@wccusd.net How can WCCUSD & USDA organization serve children?

USDA provides other reimbursement support for programs that serve low-income children when school is not in session.

These benefits are available through the Child and Adult Care Food Program (CACFP).

The money WCCUSD receives from USDA allows you to devote a smaller portion of your resources to food-related expenses, freeing up resources that can be used for other activities.

**USDA** reimburses program providers for serving:

- Meals to children who are enrolled in before or after care programs at licensed day care centers or family child care homes.
- Snacks even suppers in some states to children and teenagers participating in school aged child care programs, 21<sup>st</sup> Century Community Learning Centers, and other supervised Educational or enrichment programs, after the regular school day ends.

For more information about these benefits, please Contact WCCUSD.



Help feed hungry children with USDA's & WCCUSD Summer Food Service Program

#### Become a Summer Food Feeding Site



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