



RICHMOND HIGH SCHOOL-BASED HEALTH CENTER

"Our mission is to provide youth-friendly, easily accessible, health and wellness services to all students on campus."

Who We Are

The Richmond High School-Based Health Center values youth voice, community partnerships and school administration. The health center strives to be a central location on campus that provides coordinated care linking students to health, youth development and academic services.

Services

Mental health/Counseling services include crisis intervention, treatment of depression, stress management and counseling for family and relationship issues including violence. The Health center offers youth development groups around substance use, conflict management, life-skills, sisterhood, male involvement, grief and loss support, and mentorship.

Medical services include routine physical exams (including sports physicals), immunizations, screening and treatment of sexually transmitted infections (STIs), family planning and referrals to primary and oral health care.

Health Education/Youth Development is provided on topics such as pregnancy prevention, relationships, HIV/STI prevention, nutrition and substance abuse prevention. The Health Center additionally has a team of youth that serves as health advisers to guide and plan projects on campus that supports community health education.



From September 2010 through April 2011, the Richmond High School Based Health Center provided 2,438 visits

CONTACT INFORMATION

Richmond High Health Center
(Formerly called the C.I.S)
Interim Health Coordinator:
Sue Martini: 510-672-2201
sue.martini@hsd.cccounty.us
Richmond, CA 94804
Health Center: 510-232-2656
Monday-Friday, 8:00am-4:00pm

WISH LIST

1. Computers to support academic and college preparation
2. Funding to support a staff wellness day
3. Funding to increase mental health services for uninsured students
4. A color copier with an attached fax machine

HIGHLIGHTS

1. Over 700 students participated in the "Keep It Positive" Event, which was led and implemented by the Youth Advisory Board.
2. All 12th graders received suicide prevention education.
3. All 9th graders received health education presentations on communication, decision-making and pregnancy prevention.
4. SBHC Strategic Planning

SCHOOL-BASED HEALTH CENTER BACKGROUND

The Richmond High School Based-Health Center was established in June 1996 as a collaboration effort between the West Contra Costa Unified School District and Contra Costa Health Services. The Center utilizes an interdisciplinary approach to provide RHS students with medical, mental health and youth development services.

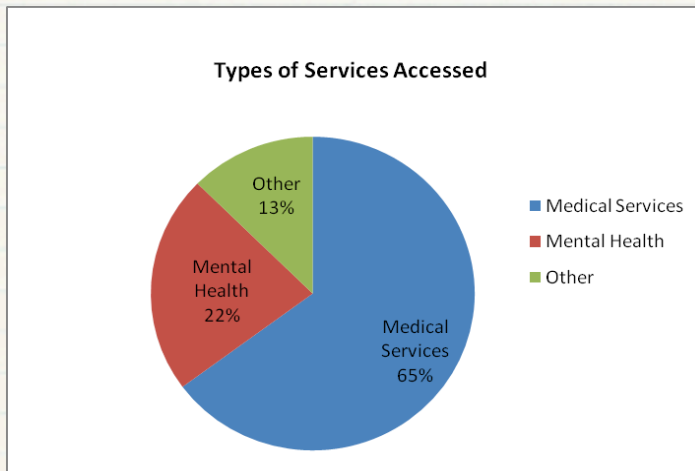
WHO WE SERVE

All Richmond High School Students

HOW TO REFER

Complete and submit the Health Center referral form to the Health Coordinator

Drop box is located in the Health Center & inside of teacher's mailroom or call (510) 232-2656



"The health center has gotten me aware of my body, how to take care of it and how to be responsible about my actions. It has also taught me that my future is very important. We should have more of them..."
-Student

"The Health Center allows us to be a school that addresses the whole child. The staff not only is their in moments of crisis but is there for ongoing support of our students, staff, parents and community."
-Assistant Principal

OUR PARTNERS

Contra Costa Health Services
Y TEAM of the East Bay
California School Health Center Association
Community Health for Asian Americans (CHAA)
West Contra Costa Unified School District
Community Violence Solutions
Catholic Charities: Restorative Justice
Bay Area Peace Keepers
RHS Black Student Advocacy Team (BSAT)
21st Century Mentors
Street Soldiers
Youth Together
Contra Costa Food Bank
Richmond High Health Academy
Richmond High Staff & Administration

"I really appreciate the Health Center because they pay attention to you and make you feel loved"
~Student

"I appreciate the health center because it has many services I can rely on."
-Student