



## **WEST CONTRA COSTA UNIFIED SCHOOL DISTRICT**

Food Services Department

Barbara Jellison, Director

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# **Food Allergies or Special Dietary Needs**

**Students in the West Contra Costa Unified School District with a medical need for special dietary restrictions will be served alternate meals or meal items if a Medical Statement stating these restrictions and signed by a recognized medical authority has been submitted.**

If your child needs a food substitute or texture modification because of a disability or allergy, please obtain a signed Medical Statement from the child's physician stating the child's food allergy or chronic disease or disability. **A form for this purpose is available from Food Services or from your school office.** The completed form must be turned in to the Food Service Department. The District Nutritionist will call you to discuss and clarify the issue.

A disabled/allergic child with a note from his/her doctor indicating the limitation is entitled to a special meal at no extra charge if the disability prevents the child from eating the regular school meal. For example, a child with an allergy to milk may be served a milk alternative instead, and a child allergic to peanuts may be served an alternative to meal items containing peanut products.

It is important to note that neither the school, the School District, nor Food Services assumes responsibility for allergic reactions caused by meals or food items eaten by a child at school, unless a Medical Statement for the child is on file with Food Services. We will make every effort to accommodate special dietary needs for a student with a Medical Statement on file. It is advised that the parent or guardian update the Medical Statement on a yearly basis. **Please discuss your concern with Barbara Jellison at (510) 307-4581 or email to Bjellison@wccusd.net**

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