



California Interscholastic Federation

Marie M. Ishida, Executive Director
STATE OFFICE
333 Hegenberger Road, Suite 511
Oakland, CA 94621
Phone 510-639-4445 Fax 510-639-4449

ATTACHMENT G

CIF By-Law 22.B.9

CIF By-Law 22 B. 9

B. As a condition of membership and continuing membership a member school agrees to:

- (9) ~~Educate its coaching staff using the CIF Coaching Education Program whenever financially possible.~~ **All coaches, paid and unpaid, by December 31, 2008 will have completed a coaching education program that emphasizes the following components:**
- (1) Development of coaching philosophies consistent with school, school district, and school board goals**
 - (2) Sport psychology: emphasizing communication, reinforcement of young people's efforts, effective delivery of coaching regarding technique and motivation of the student athlete.**
 - (3) Sport pedagogy: how young athletes learn, and how to teach sport skills.**
 - (4) Sport physiology: principles of training, fitness for sport, development of a training program, nutrition for athletes, and the harmful effects associated with the use of steroids and performance-enhancing dietary supplements by adolescents**
 - (5) Sport management: team management, risk management, and working within the context of an entire school program.**
 - (6) Training: certification in CPR and first aid.**
 - (7) Knowledge of, and adherence to, statewide rules and regulations, as well as school regulations including, but not necessarily limited to, eligibility, gender equity and discrimination.**
 - (8) Sound planning and goal setting.**

A school/district may use a coach that does not meet these standards for one sports season in an emergency. However, that person may not coach another season of sport without fulfilling this coaching education requirement. Any currently employed coach who has completed and passed a prior version of a coaching education program that meets the above listed criteria, as determined by the local administration, is exempt from this provision. The above certification is transferable between/among CIF member schools. Coaches may need to complete additional local school requirements.